

**My Degree Map**  
**TROY UNIVERSITY**

**College of Health and Human Services Recommended Academic Plan**  
**Exercise Science Program-Nutrition Concentration-Year 2013-2014**

1 <sup>st</sup> Semester/Term 1-2	Hours	2 <sup>nd</sup> Semester/Term 3-4	Hours
Troy 1101 University Orientation ENG 1101/03 Comp/Mod English I#	1	ENG 1102/04 Comp/Mod English II	3

**General Studies: Exercise Science – Nutrition Concentration (64 Hours)**

Complete all 6 subrequirements

**Exercise Science Program Core Requirements - Program Year 2013-2014 (40 hours)**

**Take the following courses:**

<b>NSG 3315</b>	<b>Pathophysiology</b>	<b>3 hours</b>
<b>BIO 3347/L</b>	<b>Human Anatomy &amp; Physiology/Lab</b>	<b>3/1 hours</b>
<b>BIO 3348/L</b>	<b>Human Anatomy &amp; Physiology/Lab</b>	<b>3/1 hours</b>
<b>KHP 3352</b>	<b>Kinesiology</b>	<b>3 hours</b>
<b>KHP 4459</b>	<b>Sport &amp; Exercise Nutrition</b>	<b>3 hours</b>
<b>KHP 4474/L</b>	<b>Exercise Physiology/Lab</b>	<b>3/1 hours</b>
<b>KHP 4475</b>	<b>Exercise Test &amp; Prescription</b>	<b>3 hours</b>
<b>KHP 4476</b>	<b>Lab Practicum in Exercise Performance</b>	<b>2 hours</b>
<b>KHP 4488</b>	<b>Issues &amp; Practice in Cardiac</b>	<b>3 hours</b>
<b>KHP 4495</b>	<b>Advanced Exercise Physiology</b>	<b>3 hours</b>
<b>KHP 4496/L</b>	<b>Biomechanics/Lab</b>	<b>3/1 hours</b>
<b>KHP 4497</b>	<b>Senior Seminar in Exercise Science</b>	<b>1 hour</b>
<b>KHP 4498</b>	<b>Internship in Exercise Science</b>	<b>3 hours</b>

**Nutrition Concentration (20 hours)**

**Take the following courses:**

<b>BIO 1101/L</b>	<b>Organismal Biology/Lab</b>	<b>3/1 hours</b>
<b>KHP 3310/L</b>	<b>Introduction to Food Science/Lab</b>	<b>3/1 hours</b>
<b>KHP 3311</b>	<b>Nutritional Assessment</b>	<b>3 hours</b>
<b>KHP 3315</b>	<b>Complementary and Alternative Therapy</b>	<b>2 hours</b>
<b>KHP 3316</b>	<b>Community Nutrition</b>	<b>3 hours</b>
<b>KHP 4458</b>	<b>Lifecycle Nutrition</b>	<b>3 hours</b>
	<b>Advisor Approved Electives</b>	<b>1 hour</b>

**A grade of 'C' or better is required in the program core and the concentration.**

**Every reasonable attempt to ensure accuracy has been made. Some courses (such as developmental or pre-requisite courses) are not reflected in this degree map. Completion of degree requirements is based on the specific catalog year for each student.**