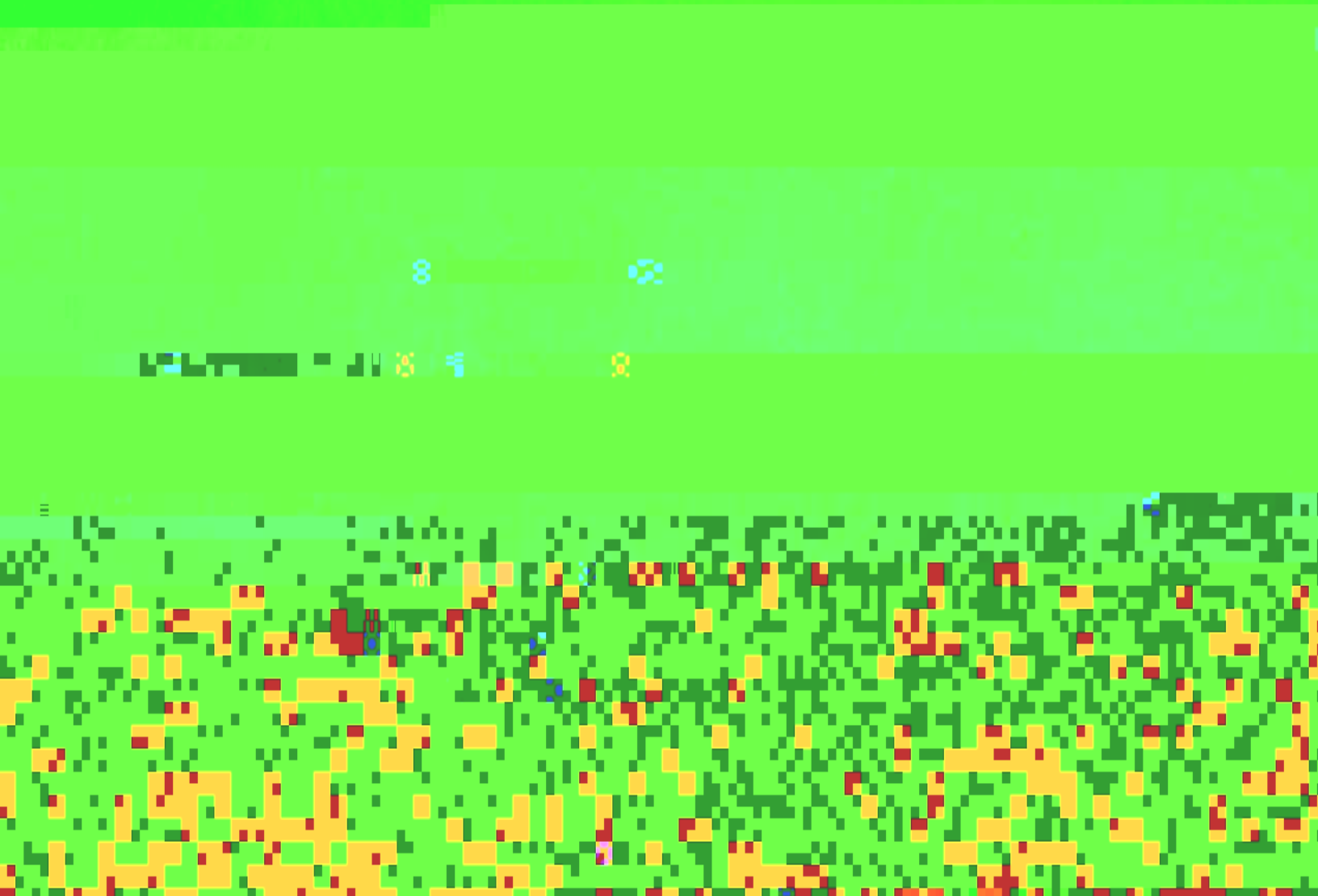


My Degree Map
COLLEGE OF HEALTH AND HUMAN SERVICES RECOMMENDED ACADEMIC PLAN
EXERCISE SCIENCE PROGRAM-NUTRITION CONCENTRATION
PROGRAM YEAR 2019-2020

1ST YEAR



COLLEGE OF HEALTH AND HUMAN SERVICES RECOMMENDED ACADEMIC PLAN EXERCISE SCIENCE PROGRAM-NUTRITION CONCENTRATION PROGRAM YEAR 2019-2020

Complete all 6 sub-requirements

(63 hours)

A. AREA I:

MATH 1101	C	3	
ENG 1101	C	3	
ENG 1102	C	3	

B. AREA II:

1000-2000	A	3	
1000-2000	C	3	
1000-2000	D	6	

C. AREA III:

BIOL 1100/L100	C	3/1	
CHM 1142/L142	C	3/1	
MATH 1112	C	3	

D. AREA IV:

1000-2000 I	C	3	
1000-2000 I	C	9	

E. AREA V:

PHYS 2241	C	3	
RO 1101	G	1	
KHP 1142	B	1	HO
1000-2000 I	KHP C	1	H
BIO 2220/L210	B	3/1	
CHM 1143/L143	G	3/1	
KHP 2202	F	2	
KHP 2211	H	3	
KHP 3360	P	3	

COLLEGE OF HEALTH AND HUMAN SERVICES RECOMMENDED ACADEMIC PLAN EXERCISE SCIENCE PROGRAM-NUTRITION CONCENTRATION PROGRAM YEAR 2019-2020

EXERCISE SCIENCE PROGRAM

(40 hours)

Minimum 2.0 GPA

Prerequisites: CHEM 101, BIOL 101, PSYC 101, MATH 101, and ENGL 101

Corequisites: None

Transferability: None

Program Description: The Exercise Science Program provides students with the knowledge and skills necessary to work in the fitness industry. The program includes coursework in anatomy, physiology, exercise science, and nutrition. The Nutrition Concentration provides students with the knowledge and skills necessary to work in the nutrition industry. The program includes coursework in nutrition, food safety, and food service.

Program Objectives: Upon completion of the program, students will be able to:

1. Apply knowledge of anatomy and physiology to the fitness industry.

2. Design and implement exercise programs for individuals and groups.

3. Apply knowledge of nutrition to the fitness industry.

4. Apply knowledge of food safety and food service to the nutrition industry.

5. Demonstrate professional behavior and communication skills in the workplace.

6. Apply knowledge of business principles to the fitness and nutrition industries.

7. Apply knowledge of customer service to the fitness and nutrition industries.

8. Apply knowledge of marketing principles to the fitness and nutrition industries.

9. Apply knowledge of sales principles to the fitness and nutrition industries.

10. Apply knowledge of management principles to the fitness and nutrition industries.

11. Apply knowledge of leadership principles to the fitness and nutrition industries.

12. Apply knowledge of team building principles to the fitness and nutrition industries.

13. Apply knowledge of conflict resolution principles to the fitness and nutrition industries.

14. Apply knowledge of problem-solving principles to the fitness and nutrition industries.

15. Apply knowledge of decision-making principles to the fitness and nutrition industries.

16. Apply knowledge of time management principles to the fitness and nutrition industries.

17. Apply knowledge of stress management principles to the fitness and nutrition industries.

18. Apply knowledge of self-management principles to the fitness and nutrition industries.

19. Apply knowledge of goal setting principles to the fitness and nutrition industries.

20. Apply knowledge of personal development principles to the fitness and nutrition industries.

21. Apply knowledge of career development principles to the fitness and nutrition industries.

22. Apply knowledge of job search principles to the fitness and nutrition industries.

23. Apply knowledge of interview principles to the fitness and nutrition industries.

24. Apply knowledge of job offer principles to the fitness and nutrition industries.

25. Apply knowledge of job acceptance principles to the fitness and nutrition industries.

26. Apply knowledge of job performance principles to the fitness and nutrition industries.

27. Apply knowledge of job advancement principles to the fitness and nutrition industries.

28. Apply knowledge of job satisfaction principles to the fitness and nutrition industries.

29. Apply knowledge of job retention principles to the fitness and nutrition industries.

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