

### **Athletic Training Education Program**

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The mission of the undergraduate Athletic Training Education Program (ATEP) at Troy University is to provide quality didactic and clinical experiences to entry-level athletic training students through the development and utilization of interactive instructional methods and exposure to a variety of clinical education experiences and allied health professionals.

In 1989, funding for the preliminary development of an ATEP at Troy University was obtained through Alabama Sports Medicine and in-kind gifts. The Athletic Training Education Program leads to a Bachelor of Science degree within the College of

The purpose of the Physical Education (P-12) and Compre-

- personal equipment, uniforms, Hepatitis B Vaccine Series, a titer review, liability insurance cost, and travel.
- Each student accepted into the Athletic Training Education Program must submit a letter stating that he/she accepts the invitation and responsibility connected with the Athletic Training Education Program.

**Academic Probation Policy**

Students must meet the following minimum standards for scholarships:

- maintain a cumulative grade point average of 3.0 on all work attempted
- maintain a cumulative grade point average of 3.0 on all work attempted in the program core curriculum
- earn a grade no lower than C in all program courses

**Probation**

Once the student’s cumulative GPA has fallen below 3.0 in the program core curriculum, the ATEP Director will place this student on academic probation. Access to clinical experiences will be denied. As a result of lack of clinical access, the student will be required to choose one of two options: (1) sit out the academic sequence for one academic year or (2) leave the ATEP. If the student does not improve his/her cumulative GPA to a 3.0 in the program core curriculum during the probationary period, he/she will be released from the ATEP.

**Athletic Training Education Program Technical Standards for Admissions.**

The Athletic Training Educational Program at Troy University is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Educational Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills and competencies of an entry-level athletic trainer, as well as meet the expectations of the program’s accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]). The following abilities and expectations must be met by all students admitted to the Athletic Training Educational Program. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program.

Compliance with the program’s technical standards does not guarantee a student’s eligibility for the NATABOC certification exam.

Candidates for selection to the Athletic Training Educational Program must demonstrate the following:

- The mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
- Sufficient postural and neuromuscular control, sensory function and coordination to perform appropriate physical examinations using accepted techniques, and to accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients.
- The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds. This includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak English at a level consistent with competent professional practice.
- The ability to record the physical examination results and a treatment plan clearly and accurately.

- The capacity to maintain composure and continue to function well during periods of high stress.
- The perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced.
- Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.
- Affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

Candidates for selection to the athletic training education program will be required to verify that they understand and meet these technical standards or that they believe that, with certain accommodations, they can meet the standards.

The Troy University Department of Athletic Training Education will evaluate a student who states that he/she could meet the programs technical standards with accommodation and confirm that the stated condition qualifies as a disability under applicable laws.

If a student states that he/she can meet the technical standards with accommodation, then the University will determine whether it agrees that the student can meet the technical standards with reasonable accommodation. This determination includes a review of whether the accommodations requested are reasonable, taking into account whether accommodation would jeopardize clinician/patient safety or the educational process of the student or the institution, including all coursework, clinical experiences and internships deemed essential to graduation.

**Athletic Training Education Program Educational Goals and Objectives**

- To prepare the student to become competent in the various domains of athletic training education such as prevention, recognition, evaluation and assessment, immediate care, treatment rehabilitation and reconditioning, organization and administration, and professional development and responsibility
- To provide the student with a quality and diverse athletic training clinical experience
- To prepare the student with the knowledge and skills necessary to provide optimal athletic care in an allied health setting
- To provide the student with optimal skills and education necessary to become a competent and reliable certified athletic trainer
- To prepare the student with the necessary skills to network, obtain employment, or further pursue his/her education goals

**Course Requirements**

The course work involves a six-semester sequence beginning with the fall semester of admission into the program. This sequence is developed as a progression designed to incorporate all domains and objectives outlined in the competencies in athletic training education, culminating in AT 4402, which is taken the sixth semester of program enrollment.

AT 1101	(1)	Orientation to Athletic Training Education
AT 2201	(1)	Clinical Experiences in Athletic Training
AT 2202	(1)	Clinical Experiences in Athletic Training
AT 3301	(1)	Clinical Experiences in Athletic Training
AT 3302	(1)	Clinical Experiences in Athletic Training

AT 3360	(2)	Principles of Drug Therapy for Athletic Trainers
AT 3395	(3)	Care and Prevention of Athletic Injuries and Illnesses
AT L395	(1)	Care and Prevention of Athletic Injuries and Illnesses Clinical Experiences
AT 3396	(3)	Evaluation of Athletic Injuries and Illnesses I
AT L396	(1)	Evaluation of Athletic Injuries and Illnesses I Clinical Experiences
AT 3397	(3)	Evaluation of Athletic Injuries and Illnesses II
AT L397	(1)	Evaluation of Athletic Injuries and Illnesses II Clinical Experiences
AT 4401	(2)	Clinical Experiences in Athletic Training
AT 4402	(12)	Athletic Training Field Experience
AT 4447	(2)	Therapeutic Modalities
AT 4448	(2)	Therapeutic Exercises
BIO 3347	(3)	Human Anatomy and Physiology I
BIO L347	(1)	Human Anatomy and Physiology I Lab
BIO 3348	(3)	Human Anatomy and Physiology II
BIO L348	(1)	Human Anatomy and Physiology II Lab
CHM 1142	(3)	General Chemistry I
CHM L142	(1)	General Chemistry I Lab
KHP 2202	(2)	First Aid and Safety and CPRO
KHP 2240	(3)	Personal and Community Health
KHP 3352	(3)	Kinesiology
KHP 3391	(3)	Testing and Statistical Interpretation
KHP 4443	(3)	Administration of Sport, Recreation and Athletic Training
KHP 4474	(4)	Exercise Physiology
NSG 1105	(1)	Medical Terminology
NSG 2211	(3)	Human Nutrition
NSG 3309	(2)	Health Assessment
NSG 3310	(1)	Health Assessment Practicum
NSG 3315	(3)	Pathophysiology
PHI 2204	(3)	Ethics
PHY 2252	(3)	General Physics I
PHY L252	(1)	General Physics I Lab
PSY 2205	(3)	Psychology of Adjustment
PSY 4402	(3)	Principles of Counseling

**DANCE MINOR (16-19 HOURS)**

DRA 4443	(3)	Theatre History I
KHP 2252	(3)	Methods of Teaching Dance
KHP 4451	(3)	Sport Finance and Business
KHP 4489	(3)	Practicum in Dance Production and Performance

Select 4-7 hours from the following course (Consult your adviser):

KHP 1130	(1)	Social Contemporary Dance
KHP 1131	(1)	Folk Dance I
KHP 1132	(1)	Modern Dance
KHP 1133	(1)	Square Dance
KHP 1134	(1)	Ballroom Dance
KHP 1135	(1)	Ballet I
KHP 1136	(1)	Jazz Techniques I

KHP 1137	(1)	Tap Dance
KHP 1138	(1)	Clog Dance I
KHP 1139	(1)	Aerobic Dance I
KHP 1144	(1)	Step Aerobics
KHP 1145	(1)	Slide Aerobics
KHP 2230	(1)	Rhythmic Activities Special Populations
KHP 2231	(1)	Folk Dance II
KHP 2232	(1)	Modern Dance II
KHP 2235	(1)	Ballet II
KHP 2236	(1)	Jazz Techniques II
KHP 2238	(1)	Clog Dance II
KHP 2239	(1)	Aerobic Dance II
KHP 3332	(1)	Modern Dance III

**EXERCISE SCIENCE MINOR (18 HOURS)**

KHP 3352	(3)	Kinesiology
KHP 4459	(3)	Sport and Exercise Nutrition
KHP 4474	(3)	Exercise Physiology
KHP L474	(1)	Exercise Physiology Lab
KHP 4475	(3)	Exercise Testing
KHP 4488	(3)	Issues and Practice in Cardiac Rehabilitation
KHP 4476	(2)	Laboratory Practicum

**HEALTH AND PHYSICAL EDUCATION COMPREHENSIVE PROGRAM**

For professional studies information, see the College of Education chapter of this catalog.

NOTE: Students seeking Alabama teacher certification in health and physical education should select education as a second major. Students should consult with their advisers concerning all certification requirements.

**Specialized general studies requirements**

**Area III**

BIO 1100	(3)	Principles of Biology I
BIO L100	(1)	Principles of Biology Lab
MTH 1112	(3)	Pre-Calculus Algebra, or placement

Select a four hour course/lab combination from the following:

CHM 1142	(3)	General Chemistry I, or placement
CHM L142	(1)	General Chemistry I Lab, or placement
PHY 2252	(3)	General Physics I
PHY L252	(1)	General Physics I Lab
SCI 2233	(3)	Physical Science
SCI L233	(1)	Physical Science Lab

**Area V**

KHP 2201	(2)	Camping and Outdoor Recreation
KHP 2202	(2)	First Aid and Safety and CPRO
KHP 2240	(3)	Personal and Community Health
KHP 2251	(2)	Foundations of Physical Education/SFM
KHP 3360	(3)	Physiological Principles of Body Systems

IS 2241	(3)	Computer Concepts and Apps.
TROY 1101	(1)	University Orientation

Select 2 hours of physical activity courses.

**Requirements for the program**

KHP 2252	(3)	Methods of Teaching Dance
KHP 3330	(2)	Physical Skills Proficiency I
KHP 3331	(2)	Physical Skills Proficiency II
KHP 3350	(3)	Psychology of Wellness
KHP 3352	(3)	Kinesiology
KHP 3361	(3)	Integrating HPER into the Curriculum
KHP 3395	(2)	Care and Prevention of Athletic Injuries
KHP 4410	(3)	Motor Development
KHP 4442	(3)	Health Education
KHP 4474	(3)	Exercise Physiology
KHP L474	(1)	Exercise Physiology Lab
KHP 4485	(3)	Teaching Individual and Team Sports
KHP 4486	(3)	Teaching Individual and Team Sports

Select 3 hours from the following:

KHP 4405	(3)	Physical Activity and Disease Prevention
KHP 4427	(3)	Health Behavior
KHP 4459	(3)	Sport and Exercise Nutrition

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**HEALTH PROMOTION MINOR (18 HOURS)**

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KHP 3352	(3)	Kinesiology
KHP 4405	(3)	Physical Activity and Disease Prevention
KHP 4427	(3)	Health Behavior
KHP 4459	(3)	Sport and Exercise Nutrition
KHP 4474	(3)	Exercise Physiology
KHP L474	(1)	Exercise Physiology Lab

Select an additional two hours of adviser-approved courses.

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**HUMAN SERVICES MAJOR (36 HOURS)**

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HS 2230	(3)	Survey of Human Services
HS 3310	(3)	Human Behavior in the Social Environment I
HS 3370	(3)	Professional Communication Skills
HS 4400	(3)	Human Services Field Experience
RHB/SWK 3320	(3)	Human Behavior in the Social Environment II
SWK 3302	(3)	Social Service Resources

Select 18 additional hours in HS, RHB, or SWK courses.

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**HUMAN SERVICES MINOR (18 HOURS)**

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HS 2230	(3)	Survey of Human Services
HS 3310	(3)	Human Behavior and the Social Environment I
RHB/SWK 3320	(3)	Human Behavior and the Social Environment II

HS 3370	(3)	Professional Communication Skills
SWK 3302	(3)	Social Service Resources

Select three additional hours in HS, RHB, or SWK courses.

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**NURSING, ASSOCIATE OF SCIENCE (ASN) (70 HOURS)**

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**Admission**

Admission to the ASN program is completed in two steps:

*STEP I*

For admission to the ASN program, the student must:

1. submit a completed application and the University application fee (by May 30 for fall semester admission and October 1 for spring semester admission);
2. be a high school graduate or equivalent (GED) and submit official transcripts (unless transferring at least 24 hours of college coursework);
3. have official transcripts from all colleges attended submitted directly from the institution of attendance;
4. earn a required score of 40 on the National League for Nursing Pre-Admission Exam OR ACT score of 19 OR SAT score of 910 (A bachelor's or higher degree from an accredited university will exempt a student from the pre-nursing test requirement). If student is seeking acceptance into the LPN-RN advanced placement track, LPN must score at least 70 on the NLN ACE I exam, in lieu of other tests.
5. have an overall GPA of at least 2.5 on 4.0 scale for all

**Progression**

- a. Student must maintain an overall Troy University GPA of at least 2.0 on 4.0 scale while enrolled in nursing courses.
- b. Student must earn a grade of C or better in each required course.
- c. A student will be able to repeat a nursing course only one time to achieve a grade of C or better .
- d. A grade of D or F in more than seven semester hours of nursing courses will result in automatic dismissal from the ASN program. These seven hours also include nutrition (NSG 2213 or 2204.)
- e. Student must make 85% or higher on a dosage and solutions calculation examination in NSG 1151 to progress in the program.
- f. Student must complete the program within four years from the date of enrollment in the first clinical nursing course (either NSG 1131 or NSG 1110).
- g. Students who drop, fail or withdraw from NSG 1131 must reapply by following Step II of the ASN admission process (i.e., these students will be included with the new pool of applicants in the selective admission process and should understand that they may or may not be selected for a slot in the new class);
- h. Re-enrollment in a nursing course will depend on space availability.

**Degree**

Upon satisfactory completion of the program, the student is awarded the Associate of Science in Nursing degree and may then apply to the Board of Nursing to write the licensing examination to become a registered nurse (RN).

**Location**

The ASN program is located at 340 Montgomery Street, Montgomery, AL, 36104. The clinical facilities used for student learning experiences are located within an approximate 50-mile radius of Montgomery. Students are responsible for their transportation.

**ASSOCIATE DEGREE PROGRAM IN NURSING (70 Hours)  
(ASN Degree)**

**General Studies Requirements**

**Area I**

ENG 1101           (3)       Composition I

**Area II**

*Select 3 hours in humanities or fine arts.*

**Area III**

BIO 3347           (3)       Human Anatomy and Physiology I  
BIO L347           (1)       Human Anatomy and Physiology I

- b. Students are required to make a grade of C or better in each nursing course.
- c. Students may repeat only one 3300-4400 level nursing course required in the BSN clinical nursing sequence; therefore, a second D or F in any 3300-4400 level nursing course will result in automatic dismissal from the program.
- d. Students who are planning to apply, or have applied but have not yet begun, the BSN Clinical Nursing Sequence may repeat only one 3300-4400 level nursing course from the required courses in the clinical nursing sequence; thereafter, a D or F in a 3300-4400 level nursing course will automatically disqualify the student from entering the BSN Clinical Nursing Sequence.
- e. Students who drop or fail a theory or clinical course with a co-requisite component must drop the co-requisite course.
- f. Satisfactory performance on an exit exam is required for graduation. (Note: Exit exam is not required for students in the RN-BSN/MSN track.)

Additional policies related to the BSN program may be found on the School of Nursing web site. Enrollment may be limited based on available resources.

### **Degree**

Upon satisfactory completion of the program, the student is awarded the Bachelor of Science in Nursing degree and may then apply to the Board of Nursing to write the licensing examination to become a registered nurse (RN).

### **Locations**

The clinical facilities used for student learning experiences in the BSN generic track are located in Troy and surrounding communities. Students are responsible for transportation and the cost of meals. Students who buy university meal plans may arrange for a sack lunch. For child health regents arTj/Tm011 Tc533 1 cat9ons

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**PHYSICAL EDUCATION MAJOR**

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*For professional studies information, see the College of Education section of this catalog.*

**NOTE:** Students seeking Alabama Teacher certification in physical education should select education as a second major. Students should consult with their advisers concerning all certification requirements.

**(P-12)**

**Specialized general st h their adv adv advT0 tv(P-12)**

**Pre-professional requirement:**

PSY 3304 (3) Abnormal Psychology

*Students will take the history series (HIS 1101 and 1102, or HIS 1111 and 1112, or HIS 1122 and 1123) not taken as a part of the general studies requirements.*

*Students will complete the remaining three social/behavioral science electives (from ANT 2200, ECO 2251, POL 2241, Psy 2200, and SOC 2275) not taken as a part of the general studies requirements.*

**Departmental Core for Rehabilitation and Social Work Majors (29 Hours):**

- HS 2230 (3) Survey of Human Services
- HS 3310 (3) Human Behavior in the Social Environment I
- HS 3370 (3) Professional Communications
- RHB/SWK ##### (3) Program Elective
- RHB/SWK 2280 (3) Rehabilitation/Social Work Research I
- RHB/SWK 2281 (3) Rehabilitation/Social Work Research II
- RHB/SWK 3320 (3) Human Behavior in the Social Environment II
- RHB/SWK 3340 (3) Social Policy and Planning
- RHB/SWK 4450 (2) Senior Seminar
- SWK 3302 (3) Social Service Resources

**Rehabilitation professional program (25 hours):**

- RHB 3345 (3) Foundations of Rehabilitation
- RHB 3350 (3) Individual Differences and the World of Work
- RHB 3360 (3) Vocational Assessment
- RHB 3380 (3) Medical and Vocational Aspects of Physical Disabilities

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